Continuing Education Courses for Social Workers, Counselors and Marriage Family Therapists

Toll Free (800) 253-0088

California Board of Behavioral Sciences recognizes Homestead Schools, Inc. approvals by ASWB, NBCC and APA. Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider Number BAP613, Expiring on 3/31/2021. Note: Mandatory courses: Domestic Violence (#7010); Medical Errors (#7011). Our home study courses in clinical supervision will not qualify you to become a supervisor; they're strictly for continuing education. Florida requires 16 clock hours of didactic and interactional instruction in supervisory training. Ohio Counselor and Social Worker Board Provider No. RCX120005 and RSX120007. Valid through 5/2021. (In Ohio, 15 hours through home study.) Illinois Social Worker Continuing Education Sponsor. License No. 159-000824. Pennsylvania State Board of Social Workers, Marriage & Family Therapists & Professional Counselors now accepts all of our courses for continuing education. Pennsylvania recognizes our approvals from ASWB, NASW, NBCC, and APA for this purpose. Homestead Schools, Inc., provider (ASWB)www.aswb.org. Social workers should contact their regulatory board to determine course approval. Approved Continuing Education (ACE) program. Exp. 4/2/2024. Homestead Schools, Inc. maintains responsibility for the program. Many of our courses are approved by the National Association of Social Workers (NASW Provider No. 886385554). Social workers will receive stated continuing education clock hours in participating in these courses. Homestead Schools, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. Homestead Schools, Inc. maintains responsibility for this program and its content. Participants are responsible to make sure that these courses meet their state's CE requirements and are appropriate for their individual learning needs. Homestead Schools, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6117. Programs that do not qualify for NBCC credit are clearly identified. Homestead Schools, Inc. is solely responsible for all aspects of the program. Homestead Schools, Inc. is approved by the National Association of Alcohol and Drug Abuse Counselors (NAADAC) to offer continuing education for substance abuse counselors. Provider No. 505 and expires on 9/1/2020. Homestead Schools, Inc. is approved as a continuing education provider by the California Association of Alcoholism and Drug Abuse Counselors (CAADAC). Provider No. 25-07-238-0213.

ETHICAL DILEMMAS IN PSYCHOTHERAPY by Samuel J. Knapp, EdD, Michael C. Gottlieb, PhD, ABPP, #7317 Mitchell M. Handelsman, PhD (202 p.) Reg. Price \$79.95 8 Contact Hours NBCC approved Now \$72.95 Mental health workers often find themselves in an ethical quandry where there doesn't seem to be an easy solution. This book presents positive ethics with numerous vignettes as a means to overcome such ethical challenges. The positive approach focuses on not just avoiding negative consequences, but reaching the best possible outcomes for both the therapist and the client.	The Duty to Protect: ETHICAL, LEGAL, AND PROFESSIONAL ISSUES FOR MENTAL HEALTH PROFESSIONALS #7322 10 Contact Hours NBCC approved by James L. Werth, Jr. PhD, Elizabeth R. Welfel, PhD., G. Andrew H. Benjamin, JD, PhD (282 p.) Discusses the legal and ethical foundations of the duty to protect and the duty to warn. Risk assessment to others in cases involving threats of homicide, intimate partner violence, stalking, the trasnfer of commu-
MIENTAL HEALTH CAREby Linda Carman Copel, RN, MSN, PhDReg. Price \$79.958 Contact HoursNBCC approvedNow \$66.95	nicable diseases. HEALTHY IMMUNE SYSTEM #7060 by Vijay Fadia (427 p.) 10 Contact Hours Not approved for NBCC or Ohio Save \$8!
• Treatment modalities and therapeutic communication • Disorders first evident in infancy, childhood, and adolescence • Delirium, dementia and amnestic disorders • Substance-related disorders, schizophrenia • Mood anxiety, somatoform, dissociative, eating, adjustment and personality disorders • Includes all the new DSM-IV classifications	 Understanding the immune system • Anatomy of the immune system Cells and secretions of the immune system • Mounting an immune response • Self and nonself • Immunity - natural and acquired • Privileged immunity • Immunity and cancer • Immune system and nervous system Disorders of the immune system • Autoimmune diseases • Primary immune deficiency • Chronic fatigue and immune dysfunction syndrome Defenders of our immune system • Role of exercise, stress, pregnancy,
8 Contact Hours (96 p.) Save \$7! NBCC approved Now \$72.95 Over 30,000 Americans and almost one million persons worldwide die by suicide each year, making it one of the leading causes of death throughout the lifespan. Suicide attempts outnumber deaths by suicide by a ratio of at least 25 to 1 and those who attempt suicide are at high risk of later death by suicide or of additional suicide attempts. Suicide risk is one of the most frequent reasons for admissions to inpatient psychiatric units.	 depression, nutrition, viral infections, laughter, sleep, alcohol, cholesterol and triglycerides, pollution • Foods that harm and foods that heal Plant sterols and sterolins • 5 steps to optimal immunity • Eating too much depresses immunity • Killer sugar • Fabulous fiber • Reprogramming the immune system • Bacteria that strengthen the immune system Whole body protection • 3 amino acids that can strengthen the immune system Beta Glucan activates the immune system • Help for people with severely weakened systems
SEX MATTERS FOR WOMEN# 7070Reg. Price \$79.95by Sallie Foley, MSW; Sally A. Kope, MSW; Dennis P. Sugrue, PhD (376 p.)Now \$69.9510 Contact HoursNBCC approved	Case Studies CHILD AND ADOLESCENT PSYCHOPATHOLOGY by Robin K. Morgan (122 p.) # 7305 Save Reg. Price \$79.95
• Adult sexuality • Sexual response • Reproduction and beyond • Body image • Illness and disability • STDs • Creating a better sexual relation- ship • Overcoming sexual difficulties–low sexual desire, low sexual arousal, orgasm difficulties • Sex therapy	12 Contact Hours NBCC approved \$6! Now \$73.95 Cases: • Mild Mental Retardation • Autistic Disorder • Attention Defi- cit Hyperactivity Disorder • Oppositional Defiant Disorder • Conduct Disorder • Encopresis, Secondary Type • Social Phobia • Selective Mutism • Alcohol Dependence, with Physical Dependence • Paranoid
DOMESTIC VIOLENCE#7233 10 Contact Hours NBCC approved (314 p.)New!New!• Prevalence • Breaking the silence on domestic violence • Domestic	Schizophrenia • Major Depressive Disorder • Gender Identity Dis- order in Children • Bulimia Nervosa, Purging Type • Psychological Factors Affecting Medical Condition • Anorexia Nervosa, Restricting Type • Sleep Terror Disorder; Sleepwalking Disorder • Physical Abuse
violence myths • Behavioral characteristics of abusers • Domestic vio- lence in gay/lesbian relationship • Screening for domestic violence: identifying, assisting and empowering adult victims of abuse • Healthcare provider's guide to domestic violence: RADAR • Case management procedures • Documentation • Legal perspective • Creating a safety plan • Community response	of Child ETHICS IN PLAIN ENGLISH #7814 by Thomas F. Nagy, Ph.D. (349 p.) Reg. Price \$79.95 8 Contact Hours NBCC approved Now \$75.95 This course provides practical interpretation to the code of ethics followed by case vignettes highlighting ethical, legal, and clinical dilemmas.
CULTURAL COMPETENCE # 7701 7 Contact HoursReg. Price\$79.95 NBCC approvedNew!Reg. 95 Now \$69.95	LEGALAND ETHICAL DILEMMAS # 7900 6 Contact Hours (156 p.) NBCC approved \$5! \$64.95
 Culturally competent system of care • Developing cultural competence Four underserved/underrepresented racial/ethnic groups - Hispanics, African Americans, Asians, American Indians • Cultural competence in serving children, adolescents, and older Americans 	Advanced medical directives; DNR; right to die; living will; durable power of attorney; right to refuse treatment; patient's right to privacy; informed consent.

-1- HomesteadSchools.com

SUBSTANCE ABUSE #7220 by Fran Rooney, RN, BS (236 p.) Reg. Price \$79.95 Not approved for NBCC 6 Contact Hours Now \$51.95 for NBCC	TRANSCULTURAL COMPETENCE # 7707by Jerry Glover, PhD, Harris L. Friedman, PhD, ABPP7 Contact Hours (164 p.)NBCC approved\$68.95
• Understanding addition; addictive personality • Biological, cultural and social factors • Behavioral factors of substance abuse • Medical complications • Dynamics of the family • Intervention; nurse's role in comparing • Transment recovery and support systems	COGNITIVE BEHAVIORAL THERAPY FOR GENERAL ANXIETY DISORDER #7354
counseling • Treatment, recovery and support systems	8 Contact Hours (247 p.) NBCC approved \$69.95
ANXIETYAND DEPRESSION #7205 Sale Price	SOCIAL WORKER'S GUIDE TO PUBLIC Save \$13
12 Contact Hours (175 p.) NBCC \$71.95	BENEFITS PROGRAMS # 7841 Special Price
approved	8 Contact Hours (375 p.) Now \$66.95
Detection, diagnosis and treatment of major depression; symptoms of a panic attack; causes and treatment; overview of mood disorders; symptoms of depression and mania; types of depressive illness; depression co-occurring with other psychiatric and medical disorders; depression associated with medications; depression in women, adolescents and elderly; special situations: suicidal patient, geriatric depression, seasonal depression; costs,	• Social welfare policy • Social Security Act • Old-age, disability and dependents and survivors benefits • Supplemental Security Income • Medicaid •Temporary assistance to needy families • Major federal food programs • Referrals • Ethical considerations
benefits and harms of treatment; acute phase treatment with medication and psychotherapy.	CONFLICT RESOLUTION SKILLS #7625
	by Kathy Falkenhagen, RN, BSN, MS (141 p.) 6 Contact Hours Now \$59.95
WOMEN'S HEALTH #7510 Reg. Price \$79.95 12 C 4 Model \$60.05	Dimensions of conflict • Difficult people that cause conflict • Manager
12 Contact Hours (274 p.) Save \$10! Not approved \$69.95 Very Popular! for NBCC	as a conflict negotiator • Nine-step model to manage conflict • Five styles of conflict resolution • Strategy to defuse conflict • Criticism • Assertiveness skills
Breast cancer; women and AIDS; preventing TSS; yeast infections; nutrition; eating disorders; infertility; contraceptives; pregnancy; medi- cation and labor; uterine fibroids; silicone breast implants; cosmetic ingredients and safety; hair dyes; ovarian cancer; menopause; HRT; osteoporosis; heart disease – risk factors and prevention.	ETHICAL, LEGAL, AND PROFESSIONAL ISSUES IN THE PRACTICE OF MARRIAGE AND FAMILY THERAPY by Charles H. Huber (354 p.) #7315
MANACINC DAIN DEEODE IT MANACES VOU	12 Contact Hours NBCC approved Now \$79.95
MANAGING PAIN BEFORE IT MANAGES YOU7 Contact Hours (222 p.) #7490SaveReg. Price \$79.95Not approved for NBCC\$12!\$67.95Through hands-on exercises and homework assignments, this bestseller by one of the leading international authorities on pain management	Ethical issues: ethical decision making, diversity, nondiscrimination, client welfare, confidentiality, informed consent, multiple clients, intimate part- ner violence, managed mental health care, dual relationships. Legal issues: duty to protect, child abuse and neglect, professional liability, family law. Professional issues: AAMFT, state licensure.
helps readers understand the pain process, learn about medications and their effects, and recognize factors that exacerbate or relieve pain.	WOMEN'S SEXUALITY #7068
The book features updated coverage of commonly used pain medica-	by Judith C. Daniluk, Ph.D. Now \$67.95
tions and specific pain disorders, current nutritional recommendations, and a new appendix on complementary alternative medicine.	10 Contact Hours (416 p.) NBCC approved
PANIC DISORDER #7370Reg. Price \$79.958 Contact HoursNBCC approvedNow \$66.95	• The enigma of women's sexuality • Childhood and adolescense: biological and psychological development • Sexual intimacies and expression • Young adulthood • Intimate partners: myths and miscommunications • The middle and later years • Menopause, bodily changes, and body image
Could you have panic disorder? Signs and symptoms and diagnosis of panic disorder; effective treatment; cognitive-behavioral therapy; pharmacological approach.	REBUILDING when your relationship ends # 7375Save \$13!by Dr. Bruce Fisher, Dr. Robert Alberti 10 Contact Hours NBCC approved\$66.95
HOW YOU CAN HELP YOUR #7515	A virtual "bible" of support and reassurance for those who're facing the difficult process of recovery after ending a love relationship.
PATIENTS STOP SMOKING Very Popular! Reg. Price \$79.95	HIPAA #7540 Reg. Price \$79.95
5 Contact Hours (146 p.) NBCC approved \$54.95	7 Contact Hours (294 p.) New! \$63.95
Based on the research, clinical studies and recommendations of Food and Drug Administration and National Institutes of Health.	A comprehensive guide to the administrative simplification provisions for health-care professionals. A must for everyone!
BECOMING AN EFFECTIVE SUPERVISORBy Jane M. Campbell, PhD#7622Reg. Price \$79.958 Contact Hours(299 p.)NBCC approvedNow \$69.95	Taking Charge of ADHD# 7380by Russell A. Barkley, PhD.\$64.957 Contact Hours(321 p.)NBCC approved
A must-have resource for mental health practitioners whose work re- sponsibilities include clinical supervision. A practical hands-on work- book.	• The complete authoritative guide for parents, teachers, psychologists, doctors • A step-by-step plan for behavior management • New strategies that give children greater chances of success at school and in social situations • Practical advice for parents on managing stress and keeping peace in the family.
TREATMENT FOR CHRONIC DEPRESSIONCognitive Behavioral Analysis System of Psychotherapy (CBASP)by James P. McCullough, Jr. Ph.D. # 710510 Contact Hours (326 p.)NBCC approved \$72.95	A Practitioner's Guide INTERVIEWING CLIENTS ACROSS CULTURES by Lisa Aronson Fontes, PhD # 7704 10 Contact Hours (334 p.) NBCC approved Special Price \$79.95 Special Price \$72.95
• CBASP and the psychopathology of the chronically depressed patient • Course patterns, comorbidity, and psychological characteristics • Strategies to enhance motivation for change • Elicitation and remediation phase of situational analysis • Using the therapist-patient relationship to modify behavior • Resolving common patient problems and crises	• Cultural competence • Biases and boundary issues • Building rapport and conveying respect • Nonverbal communication • Language competence • Interpreted interview • Interviewing culturally diverse children and adolescents • Authority and trust issues • Common dilemmas and misunderstandings in cross-cultural interviews.

SLEEPING DISORDERS #7090Reg. Price \$69.958 Contact Hours (382 p.)NBCC approvedNow \$64.95• Brain basics: Understanding sleep • Insomnia: AssessmentSave	Increasing your stress resistance STRESS MANAGEMENT #7050 by Barbara A. Brehm (375 p.) Not Approved in Ohio
• Brain basics: Orderstanding steep • Insonina: Assessment and management in primary care • Integration of behavioral and relaxation approaches into the treatment of chronic pain and insomnia • Problem sleepiness • Narcolepsy • Restless legs syndrome • Sleep apnea • Sleep disorders of older people	10 Contact HoursNBCC approved\$71.95• Health behavior and environmental influences • The fight-or-flight response • Nutrition health and stress • Coping strategies and problem
GERIATRIC DEPRESSION: A clinical guide # 7209 by Gary J. Kennedy (234 p.) 8 Contact Hours Save \$6! Save \$73.95	solving • Time management: changing values, making decisions, and setting values • Organization and confronting procrastination • Com- munication skills • Physical activity and stress resistance • The plea- sure principle • Changing your perception of stress • Self-esteem •
8 Contact Hours \$6! approved \$73.95 Written for a broad range of mental health professionals, this book explains why depression can be challenging to treat in older adults and describes the most effective interventions.	Relaxation techniques • Meditation and visualization THE ETHICS OF PROFESSIONAL PRACTICE by Richard D. Parsons #7318 Reg. Price \$79.95 NBCC Now \$76.95
RECONCILABLE DIFFERENCES # 7072 by Andrew Christensen, PhD, Neil S. Jacobson, PhD 8 Contact Hours (332 p.) NBCC Reg. Price \$79.95 approved Now \$68.95 Why you and your partner always have the same fights - and how you can: • Defuse your arguments before they blow out of control • Accept the	Approved Now \$70.75 Mental health professionals must be sensitive to ethical standards and dilemmas, particularly given the increase in litigation surrounding ethi- cal issues. This course leads the reader through a personal journey of discovery, assessment, and clarification of values and ethics, thus be- coming an ethical practitioner. The text reflects the ethical codes of the NASW, AAMFT, ACA and APA.
ways you are different-without putting up with unfair behavior • Respect	CLINICAL SUPERVISION #7630
one another's emotional needs • Identify what can and can't be changed in each of you • Create greater intimacy in your relationship.	8 Contact Hours (253p.) NBCC approved \$71.95
SaveReg. Price \$69.95by Kathy Falkenhagen, RN, BSN, MSSave \$10!Reg. Price \$69.958 Contact Hours (104 p.)NBCC approved	• Role and function of clinical supervisors • Nine clinical supervision skills • Personal supervision model • Managing conflict and resolving disputes • Strategies for managing meetings • The three-corner contract in clinical supervision • Group supervision • Clinical teaching • Deal- ing with difficulties in supervision • Confronting and eliminating dis- crimination and harrassment
• Need for teams • Group vs team • Resistance to team building • Ground rules for teams • Five key components of self-managed teams • Teams as a total quality management tool • Characteristics of effective and ineffec- tive teams • Strategies to resolve team conflict • Team roles and respon- sibilities • Team decision making • Building team spirit •Difficult team members • Manager's role in successful team building	 WEIGHT MANAGEMENT # 7045 Reg. Price \$79.95 8 Contact Hours (248 p.) Not approved for NBCC Now \$62.95 Identify psychological and physiological reasons for obesity. Discuss reasonable and physically attainable goals for the patient. Design a weight management plan tailored to the needs of the patient.
ASSERTIVENESS # 7525 6 Contact Hours (256 p.) Based on Your Perfect Right: Assertiveness and Equality in Your \$16	 Discuss role of behavior modification, diet, nutrition, exercise, smoking, and lifestyle factors. Discuss motivational techniques, positive imaging, family and peer support, and long-term maintenance.
<i>Life and Relationships</i> by Robert E. Alberti, Ph.D. and Michael L. Emmons, Ph.D. (256 p.) Helps readers step-by-step to develop more effective self-expression. Book most recommended by psychologists.	WOMEN, ALCOHOL & DRUG ABUSE #7505 6 Contact Hours (175 p.) NBCC approved Save Save Now \$59.95
INSOMNIA, SLEEP APNEA, NARCOLEPSY 6 Contact Hours (182 p.)#7100 NBCC approved#61.95• Test your sleep I.Q. • How much sleep do we need • Brain basics:	• Epidemiology of substance abuse among women •Health impact on women • Physiological and psychological effects of STD • Substance abuse in specific women populations • Outreach; community and sup- port groups • Treatment methods and modalities • Intake, orientation
Understanding sleep • Sleep Disorders • Insomia: Assessment and management in primary care • Problem sleepiness • Consequences of problem sleepiness for adolescents and young adults • Narcolepsy • Restless legs syndrome • Sleep apnea • Natural treatments for insomnia	and assessment processes • Continuing care and followup CODEPENDENCY #7330 VBCC approved \$62.95 Save
How do I cure insomnia • Women and sleep CHILD ABUSE # 7300 by Fran Rooney RN, BS 6 Contact Hours NBCC approved Now \$55.95	• General mental health issues • Dysfunctional family • Characteristics and signs of codependence • Addictive and codependence relationships • Addicted to the addicted • Detachment: How did we get here? How do we get out? • Battered women with chemically involved partners • The codependency idea: When caring becomes a disease
After completing this course, you'll be able to answer the basic questions about child maltreatment, recognize child abuse and provide effective intervention. You'll be able to provide psychological and medical sup- port to the maltreated child and protect yourself against legal liability. The book features a checklist of telltale signs of child abuse.	INCLUSIVE CLINICAL SUPERVISION: THEORIES, SKILLS, AND PRACTICES # 7695 by John S. Lybarger, PhD., MBA Reg. Price \$79.95 NBCC approved Now \$69.95
MOTIVATIONAL INTERVIEWING IN # 7361 NUTRITION AND FITNESS (276 p.) by Dawn Clifford and Laura Curtis 7 Contact Hours NBCC approved	• Seven critical skills • Clear communication skills for supervisors • Leader- ship styles • Creating a positive, motivating workplace culture • Managing a global workforce • Diversity awareness • Performance skills management • Recruiting and retaining competent workers • Effec- tively managing conflict • Effectively managing teams
Making and maintaining lasting changes in nutrition and fitness is not	CHEMICAL DEPENDENCY #7228 New!
easy for anyone. Yet the communication style of a health professional can make a huge difference. This book presents the proven counseling approach known as motivational interviewing (MI) and shows exactly	by Vijay Fadia (272 p.) Not approved for NBCC Reg. Price \$79.95 Now \$68.95 Diagnostic criteria for abuse and dependence • Fetal alcohol syn-
how to use it in day-to-day interactions with clients. Call Toll Free (800) 253-0088 HomesteadSchools.com	drome • Alcohol withdrawal syndrome • Neurobiology of drug addiction • Principles of drug addiction treatment • Individual drug counseling • Relationship counseling • Cognitive-behavioral therapy • Drug avoidance skills

- 3

COUNSELING CLIENTS NEAR THE END OF LIFE by James L. Werth, Jr.

7 Contact Hours

NBCC approved Now \$71.95

A requisite course for all counselors working with terminally ill clients and their families. Addresses issues of age, ethnicity and religion. Also, cultural diversity, ethical challenges, laws and regulations and advance directives. The book discusses how to manage symptoms of depression, anxiety and cognitive impairment near the end of life.

DRUGADDICTION COUNSELING #7261 10 Contact Hours (330 p.)

NBCC approved

Reg. Price \$79.95 Now \$69.95

• Principles of drug addiction treatment • Individual drug counseling approach • Treatment philosophy • Counseling techniques • Contributions of the 12-step approach • Cognitive-behavioral approach • CBT compared to other treatments • Basic principles of CBT • Structure and format of sessions • Community reinforcement approach • CRA + vouchers • Functional analysis • Coping with craving • Refusal skills/ assertiveness • Drug avoidance skills • Relapse • Lifestyle change components • Relationship counseling • Role of the addiction counselor Counselor characteristics and training

FAMILY VIOLENCE # 7230

10 Contact Hours (314 p.)

NBCC approved Now \$71.95

• Characteristics of family violence • Physical and sexual child abuse and neglect • Professionals and their response to child abuse • Spousal abuse The criminal justice response to spousal abuse
 Elder abuse
 Gay and lesbian abuse • Special populations and family violence • Women and sexual violence • Stalking • The consequences of family violence • Victim's rights

MOTIVATING SUBST TO ENTER TREATMI by Jane E. Smith, PhD; Robert J	ENT (289 p.)	SERS #7267
6 Contact Hours NEW!	<i>,</i>	
o Contact Hours INEW:	NBCC appro	oved Now \$71.95
What can you do for someone wh describe the CRAFT method tha family members' distress, but also	o refuses to get hel at's highly effectiv o in getting their lo	p? Quite a lot. Authors ye not only in reducing wed one into treatment.
OVERCOMING BING	E EATING	#7240
by Dr. Christopher Fairburn	NBCC	Save \$18!
8 Contact Hours (241 p.)	approved	Now \$61.95
Find out who binges and why, if eating differs from overeating. C over eating behavior. Reduce the		

SHORT-TERM COUPLE THERAPY #7325 Save \$8!

by James M. Donovan, Ph.D.		NBCC	Reg. Price \$79.95	
10 Contact Hours	(217 p.)	approved	Now \$71.95	

• Principles of brief treatment • Emotionally focused couple therapy • A control mastery approach • Short-term structural family therapy • Psychoanalytically informed short-term couple therapy • Time-effective couple therapy • Collaborative couple therapy • Integrative couple therapy

ETHICAL DECISION MAKING IN SOCIAL WORK

by Wade L. Robison, B.A. Ph.D. #7810 Linda Reeser, B.A., M.S.W., Ph.D. 8 Contact Hours NBCC approved Reg. Price \$79.95 Now \$72.95

Ethics in social work • Tracking harms • Appealing to the Code of Ethics • Ethical theories • Clients • Intervention and self-determination • Dual relationships • Conflicts of interest • Peer relations • Agencies • Internal and external ethical problems • Conflicts between agencies • Agencies in competition

ETHICS IN SOCIAL WORK #7812

3 Contact Hours Abbreviated version of the above course.

ANGER MANAGEMENT #7535

by Howard Kassinove, Ph.D. 8 Contact Hours (318 p.)

Reg. Price \$79.95 \$63.95

NBCC approved

Whether you work in private practice, clinic, hospital or criminal justice system, if you see angry clients, this indispensable resource for practitio-ners will give you powerful tools to help them understand, manage, and prevent unhealthy anger. Complete with dozens of case examples, exer-cises, and easy-to-use informative client handouts.

BIPOLAR DISORDER # 7249

by Janelle M. Caponigro, MA, Sheri L. Johnson, PhD, et al. 5 Contact Hours (176 p.) **NBCC** approved

\$73.95

\$59.95

For a mental health professional, this book will help provide answers to their clients about managing manic episodes, coping with periods of depression, or finding the right treatments.

HANDBOOK OF #7211 **PSYCHIATRIC EMERGENCIES** (294 p.)



by William R. Dubin, MD, Kenneth J. Weiss, MD

8 Contact Hours

NBCC approved

Reg. Price \$79.95 Now \$69.95

This handy, fast-access guide can be used by a helath professional in any clinical setting. Evaluate a psychiatric problem with accuracy and spped, stabilize the patient, provide interpersonal or educational interventions and monitor drug treatments. Alcohol and drug-abuse emergencies, schizophrenia and mania, violent patient, self-destructive patient, depression, domestic abuse, child and adolescent emergencies, psychotropic drug reactions, etc.

DEMENTIA # 7248

by Susan M. McCurry, Phd and Claudia Drossel, PhD

Reg. Price \$79.95 Now \$72.95

NBCC approved 8 Contact Hours (204 p.) Dementia is a life-altering diagnosis for patients and loved-ones alike. The progressive disease causes cognitive, emotional, and behavioral changes that can frustrate the efforts of even the most dedicated caregivers and treatment can be a supremely challenging experience, even for seasoned healthcare professionals, such as nurses, social workers, psychologists, and physicians. The authors have presented evidence-based contextual model of dementia care that lays out broad intervention strategies, and encourages readers to use their own creativity and inner resources to develop appropriate solutions for each unique situation and individual.

MEDICAL ERRORS		\$25.00
2 Contact Hours	# 7011	Florida Mandatory
DOMESTIC VIOLENCE		\$15.00
2 Contact Hour	# 7010	Florida Mandatory

Homestead Guarantees

1. If you are not satisfied with the quality of our course material, you can return the course (before a certificate is issued) within 90 days and receive a prompt and full refund (less shipping and handling). All courses must be completed within 12 months from the date of purchase. 2. In a hurry for your course? 2-day UPS, add \$15.00 extra; next day UPS, add \$25.00 extra. 3. On true/false and multiple choice exams, you need to score 70% for successful completion. Do not send the certificate to the board unless the board requests it. Keep the certificate for 4 years. 4. The completion date on your certificate is the date we receive your exam. Allow 5 working days for the mailing. To help you meet your deadline for the certificate, we offer 24-hour Express Service and Fax Service. Details included in your course material. 5. Homestead Schools, Inc. ensures that its facilities accommodate and are accessible according to the standards of the Americans with Disabilities Act.

THE THERAPIST'S GUIDE TO PSYCHOPHARMACOLOGY #7110

by JoEllen Patterson, PhD; A. Ari Albala, MD;

Margaret E. McCahill, MD; Todd M. Edwards, PhD 8 Contact Hours NBCC approved (310 p.)

This indispensable book provides therapists and counselors with crucial knowledge about psychotropic medications: when and how to make medication referrals, ways to help patients handle questions and problems that arise, and the ins and outs of combining medication and psychotherapy effectively. The book explains how medications work in the brain and discusses their impact on emotions, behavior, and relationships. Particular attention is given to strategies for collaborating successfully with prescribers.

TREATING ALCOHOL AND DRUG PROBLEMS #7263 by Arnold M. Washton, PhD

Joan E. Zweben, PhD (312 p.) 8 Contact Hours NBCC approved

Highly	Save \$12!
commended!	\$70.95

Save

\$6!

Reg. Price \$79.95

Now \$73.95

• Nature, course, and diagnosis of substance use disorders • Pharmacology of psychoactive substances • Integrated approach • Addressing concurrent psychiatric and substance use disorders • The role of medications • Clinical strategies and techniques • Preventing relapse • Group therapy

TREATING BIPOLAR DISORDER #7250

A Clinician's Guide to Interpersonal and Social Rhythm Therapy

by Ellen Frank, PhD (212 p.)

10 Contact Hours

NBCC approved Reg. Price \$79.95

re

This innovative manual presents a powerful approach for helping people manage bipolar illness and protect against the recurrence of manic or depressive episodes. Interpersonal and social rhythm therapy focuses on stabilizing moods by improving medication adherence, building coping skills and relationship satisfaction, and shoring up the regularity of daily rhythms or routines. Each phase of this flexible, evidence-based treatment is vividly detailed, from screening, assessment, and case conceptualization through acute therapy, maintenance treatment, and periodic booster sessions.

MIND-BODY WORKBOOK FOR ANXIETY #7203

Effective Tools for Overcoming Panic, Fear and Worry

by Stanley H. Block, MD, et. al. (200p.)

6 Contact Hours NBCC approved

\$69.95

Reg. Price \$89.95

\$76.95

Clients with anxiety may find it difficult to navigate the challenges of everyday life -especially if they suffer from panic attacks, phobias, or social anxiety. Mind-body bridging is a proven-effective approach that shows clients how to regulate the thoughts and emotions that can trigger anxiety.

CLINICAL SUPERVISION # 7635

by Robert I. Cohen (353 p.) Save \$13! **6** Contact Hours **NBCC** approved

• Beginning the supervision • The supervisory contract • Developing the relationship: Supervisor skills and attributes • Cultural competence • The individual and group formats for supervision • Assessment • Formative assessment, goals for growth, and contract revision • Intervention: The supervisor's clinical role • Intervention: The supervisor's administrative role

SELF-DISCLOSURE IN PSYCHOTHERAPY #7145

by Barry A. Farber, PhD.	(242 p.)	Save \$14!	Reg. Price \$89.95
7 Contact Hours	NBCC a	pproved	Now \$75.95

Self-disclosure is a very hot, current topic. Rich with detailed case material, the book tackles such compelling questions as: • When and how self-revelation can enhance healing and change • What types of disclosure may be harmful • Why either party may fail to reveal important information • The impact on disclosure of race, gender, cultural, and sexual orientation • How to use disclosure to strengthen the therapeutic relationship • Special considerations involved in disclosing to children.

A separate chapter discusses supervision, covering how supervisors and supervisees decide what to share with each other, what kinds of disclosures each is likely to find helpful or unhelpful, and how this issue affects the quality of the alliance and the work that is accomplished.

ANXIETY DISORDERS AND PHOBIAS: #7204

A Cognitive Perspective (343 p.) by Aaron T. Beck, M.D., Gary Emery, M.D. 8 Contact Hours NBCC approved

(Save \$10!)

Now \$72.95

• Theoretical and Clinical Aspects • Symptoms and Their Significance • The Cognitive Model of Threat Reactions • Vulnerability: The Core of Anxiety Disorders • Generalized Anxiety Disorder and Panic Disorder • Simple Phobias • The Agoraphobic Syndrome • The Evaluation Anxieties • Cognitive Therapy: Techniques and Applications: • Principles of Cognitive Therapy • Strategies and Techniques for Cognitive Restructuring • Modifying Imagery • Modifying the Affective Component • Modifying the Behavioral Component

MASTER YOUR PANIC #7365

Save \$18! by Denise F. Beckfield, Ph.D **NBCC** approved \$64.95 8 Contact Hours. (304 p.)

Twelve treatment sessions to overcome high anxiety. Learn SRB (Stop, Refocus and Breathe) method to stop panic the moment it strikes.

Evidence-Based Practice Guides

DEPRESSION (86 p.) #7277 NBCC 4 Contact Hours OBSESSIVE-COMPULSIVE DISORDER	\$63.95
(104 p.) #7251 NBCC 4 Contact Hours	\$63.95
HEART DISEASE (90 p.) #7254 NBCC 4 Contact Hours	\$63.95
CHILDHOOD MALTREATMENT (104 p.) #7270 NBCC 4 Contact Hours	\$63.95
SCHIZOPHRENIA (92 p.) #7255 NBCC 4 Contact Hours	\$63.95
ADHD CHILDREN AND ADULTS (96 p.) #7256 NBCC 4 Contact Hours	\$63.95
PROBLEM & PATHOLOGICAL GAMBLING	
(124 p.) #7257 NBCC 4 Contact Hours	\$63.95
CHRONIC ILLNESS IN CHILDREN & ADOLESCENTS	
(90 p.) #7268 NBCC 4 Contact Hours	\$63.95
CHRONIC PAIN (112 p.) #7259 NBCC 4 Contact Hours	\$63.95
SOCIALANXIETY DISORDER (102 p.) #7260 NBCC 4 Contact Hours	\$63.95
HYPOCHONDRIASIS AND HEALTH ANXIETY (91 p.) #7266	
NBCC 4 Contact Hours	\$63.95
EATING DISORDERS (112 p.) #7276 NBCC 4 Contact Hours	\$63.95
SUBSTANCE USE PROBLEMS (88 p.) #7262 NBCC 4 Contact Hours	\$63.95
SEXUAL VIOLENCE (90 p.) #7264 NBCC 4 Contact Hours	\$63.95

Solution-Focused	Reg. Price \$79.95
CONFLICT MANAGEMENT # 76	
8 Contact Hours NBCC approved	(174 p.)

A new form of conflict management that is shorter, more hopeful, and more cost-effective than traditional methods. Provides, theoretical background and practical applications in divorce, workplace, family, neightbor, personal injury, and victim-offender conflicts.

COGNITIVE THERAPY FOR OBSESSIVE-COMPULSIVE **DISORDER: A GUIDE FOR PROFESSIONALS**

Reg. Price \$79.95 by Sabine Wilhelm, PhD; Gail S. Stekette, PhD. #7345 Now \$69.95 8 Contact Hours (242 p.) NBCC approved Save \$10!

This manual presents for the first time a purely cognitive approach to treating obsessive-compulsive disorder (OCD). This approach avoids the highly distressing exposure component of exposure and response prevention therapy (ERP) that is commonly used to treat the symptoms of OCD. Not only does this cognitive therapy (CT) approach open up the option of psychotherapy to those OCD sufferers who resist exposure-based therapy, it also holds great promise for treating OCD sufferers with mental rituals as well as those who struggle concurrently with depression, anxiety, and other symptoms.

Call Toll Free (800) 253-0088

CRITICAL INCIDENTS: ETHICAL ISS PREVENTION AND TREATMENT OF 8 Contact Hours # 7150 NBCC approved	ADDICTION Reg. Price \$79.95	by Jane H. Campbell 8 Contact Hours (292 p.)	NBCC approved	Reg. Price \$89.95 Now \$72.95
Now \$71.95 This book contains more than 200 "critical incidents" – ethical case studies – whose complexities will heighten your ethical sensitivities and sharpen your ethical decision-making. Each vignette is accompanied by a brief analysis and		• Ethical and legal issues • Mode clinical supervision • Preparing for and advanced stages of supervisio	or supervision • Beginn on	ning, intermediate,
legal issues in the situation. COGNITIVE-BEHAVIORAL THERAPY AND FAMILIES A Comprehensive Guide for by Frank M. Dattilio # 7327 New!	WITH COUPLES or Clinicians Now \$74.95	MENTAL DISORDERS by Steven H. Zarit, PhD, Judy M. 12 Contact Hours (468p.) NBCC approved		ULTS # 7721 Save \$9! Now \$72.95
10 Contact Hours (282 p.) NBCC approved A "must read" for therapists and counselors in the famil		This course demonstrates how to tered clinical problems in older anxiety disorders, and paranoid implemention provide into	adults, including der symptoms. Strategie	nentias, mood and s are presented for
vivid case examples. Case Studies: COUNSELING OLDER ADD by Larry Golden	Save \$9!	implementing psychosocial inte medications. GERIATRIC MENTAL H		E #7722
8 Contact Hours (216 p.) NBCC approv Case studies that include: loss of a spouse, health		by Gary J. Kennedy 8 Contact Hours (347 p.) NBC	CC approved	Save \$10! Now \$72.95
depression, spirituality, etc. CROSS-CULTURAL COUNSELING # by Clemmont E. Vontress, PhD NBCC appro 6 Contact Hours (242 p.)	Now \$71.95	This essential guide is designed f standing the interplay of medical, quently encountered problems and and anxiety, dementia, psychosis ality and somatoform disorders, su	psychological, and so mong older adults, in and mania, sleep dis	ocial factors in fre- cluding depression sturbances, person-
In this innovative text, case studies of clients represent cultural, racial, and ethnic backgrounds illustrate the counseling culturally different clients. Case topics di orientation issues, conflicts within cultures, abuse, vability, grief, and more. In each case, the client's his	e subtle dimensions of scussed include sexual violence, physical dis- story is presented, fol-	COUNSELING FOR EA by Sara Gilbert, PhD (176 p.) 6 Contact Hours NBCC appro	wed Save \$10!	Reg. Price \$67.95 Now \$57.95
lowed by three analyses: The first analysis is from a c the second is from an existential perspective; and th DSM-IV diagnostic model.	e third is based on the	 What is an eating disorder? • Causioral approach • Counseling proceating-disordered client • Behavi Complex situations and dealing w 	ess • Nutritional aspe oral techniques • Cog	cts of helping the
ASSESSING AND TREATING CULTURAL CLIENTS: A Practical Guide # 7703 by Freddy A. Paniagua, PhD (211 p.) 6 Contact Hours NBCC approved	LLY DIVERSE \$68.95	INSIDE FAMILY THER. FAMILY HEALING # 731 by Michael P. Nichols (242 p.) 12 Contact Hours		TUDY IN Special Pric \$79.9
	Minority, multicultural, race, and ethnicity concepts • Guidelines for the seessment and treatment of African American, Hispanic, Asian and American		• Disturbing the Peace • The Making of a Family Therapist • Love's Young Dream • The Progress of Love • In-Laws • The Depressed Young Mother • Why Can't Jason Behave? • The Two-Paycheck Family • The Over-Involved Mother and Peripheral Father • Family Feud • Loss of Inno-	
BINGE-EATING DISORDER # 7241by James E. Mitchell, MD, et al. (214 p.)6 Contact Hours Save \$13! NBCC approved	Reg. Price \$79.95 Now \$69.95	cence •Divorce, Remarriage, and S Roll: The Rebellious Teenager • T Go	Stepparenting • Sex, Dr	rugs, and Rock 'n'
This innovative scientific reference and clinical tool is one. Part I thoroughly yet succinctly reviews the lite disorder, covering diagnosis and epidemiology, clinic links to obesity, medical risks, and current treatment d evidence-based cognitive-behavioral treatment manu guidelines address how to help individuals or groups	erature on binge-eating cal features and course, ata. Part II provides an al. Session-by-session	HOW MEMORY WORKS WORK FOR YOU # 7281 by Robert Madigan, PhD (278 p.) 6 Contact Hours	NBCC approved	Special \$64.95
havior, cope with emotional triggers, restructure prob with body image concerns and associated problems, 1 and prevent relapse.	blematic thoughts, deal naintain improvement,	This science-based guide is designed with older adults. Psychologist Ro- methods-innovative mnemonic de improving the ability to retain and	bert Madigan provide evices and visualizat	s practical, proven
ESSENTIALS OF CHILD PSYCHOPATHO by Linda Wilmshurst, Ph.D. (307 p.) 8 Contact Hours NBCC approved	OLOGY # 7307 Reg. Price \$79.95 Now \$69.95	Working with Diverse Families		New!
8 Contact Hours NBCC approved This course provides professionals with a comprehens conceptual issues in child and adolescent psychopath the major theories, assessment practices, issues and	sive overview of critical ology. The text covers	CHILD ABUSE AND CU by Lisa Aronson Fontes, PhD (239 7 Contact Hours NBCC app Highly readable and accessible	9 p.) proved	Reg. Price \$79.9 Now \$68.9
field. The author also includes chapters on specific dis this age group and covers special topics such as divers	orders prevalent among sity, abuse, and divorce.	Highly readable and accessible, framework for culturally com cases with numerous practical cerns at each stage of the assess	petent practice in cl strategies for addres	nild maltreatment sing cultural con-
HEALING ANXIETY AND DEPRESS by Daniel G. Amen, M.D. (342 p.) 8 Contact Hours NBCC approved	Reg. Price \$79.95 Now \$71.95	CLINICAL SUPERVISION by Carol A. Falender, Edward P. Sh	DN: A Competency	<i>Based Approact</i> Reg. Price \$79.
Based on new brain science and featuring treatment pla tion, diet, supplements, exercise, and social therapeu	tic support.	8 Contact Hours (348 p.) A superb and thorough work! Deals	appro with strategies, divers	ved Now \$71.9 ity, legal and ethica
Are you a licensed social worker or marriage famil skills, knowledge and interest in writing or develop education course? If so, we'd like to talk to you.	ing a continuing	considerations, role of personal va supervisory process.	alues, evaluation, and	disruptions to th

SOCIAL WORKER'S GUIDE TO CHILD ABUSE AND NEGLECT # 7295 8 Contact HoursSave \$10!Only \$64.95	HOW MEMORY WORKS - AND HOW TO MAKE ITWORK FOR YOU# 7281by Robert Madigan, PhD (278 p.)Special6 Contact HoursNBCC approved
THE ROLE OF MENTAL HEALTH PROFESSIONALS INTHE PREVENTION AND TREATMENT OF CHILDABUSE AND NEGLECT6 Contact Hours# 7280Save \$15!Only \$64.95	This science-based guide is designed for mental health practitioners work- ing with older adults. Psychologist Robert Madigan provides practical, proven methods–innovative mnemonic devices and visualization tech- niques–for improving the ability to retain and use information.
CHILD PROTECTIVE SERVICES - A Guide for Caseworkers6 Contact Hours#7285Save \$15!Only \$64.95	TOWARD A NEW DIAGNOSTIC SYSTEM FOR CHILD PSYCHOPATHOLOGY #7308 by Peter S. Jensen, MD, et al.
SUPERVISING CPS CASEWORKERS# 72906 Contact HoursSave \$15!Only \$64.95	8 Contact Hours New! \$79.95 This important volume brings together leading child psychiatrists to critically evaluate the DSM-IV and work toward new, more clinically useful ways of understanding childhood problems.

OSM-22 4/20

Special Price Order Form Price Offer Homestead Schools, Inc. 23800 Hawthorne Blvd., Suite 200, Torrance, CA 90505			
1. Code # 2. Code #	Title: Title:		
3. Code #	Title:		
e-mail:	Next-day UPS-add \$25 extra; Foreign add \$25 extra. Phone: er confirmation & delivery.	- Calif. residents add 9.5% sales tax. Shipping & Handling Total	\$6.95
License #	License Exp. Date		RUSH ORDERS
Type of License	State	\Box I've enclosed my payment.	
04/20 OSM-22 New Courses →			

